



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan
Truly the Almighty will help you in all your worries and sufferings. He will never abandon you. He will give you courage and strength.



PRAYER FOR STRENGTH AND FAITH

Heavenly Father,
I pray for strengthened faith.
Help me know more of your word and face all adversities with the confidence of victory.
Let me conquer all the evil in my life.
Let my words cause healing.
Let my faith build all the broken pieces in my life.
Help me to remain strong and not be moved by any adversities.
We ask this, through Christ, our Lord.
Amen.

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE FRANCIS' PRAYER INTENTION FOR FEBRUARY

For Vocations to the Priesthood and Religious Life

Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale
WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 8.30 am followed by Mass*

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 7.30 pm to 9.00 pm*

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 9:30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am*

WEEKEND MASSES
Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION
Saturday Vigil 4.00 pm to 4.30 pm

BAPTISM
4th Sunday of the Month 11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, *Healing Mass/ Anointing of the Sick at 8.00 am*

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday of the Month 11.00 am

We Pray for

Recently Deceased
Malcolm Leonard Corbett

Deceased Anniversary

James Michael Kelly
Joseph Rego
Jozefa Mikowa
Emil Mika
Jolanta Jabloriska
Frank McKeivitt
Kay McKeivitt

Prayer for the Sick

Anna Śmigowska
Lily Janosik
Trish Newman
Suzanne French
James
Bruce Farr
Maureen Larios
Denise Wagner
Owen Graham
Elaine Boyes
Pauline Chipman
Anna
Svetlana
Leonor
Sofia
Anna Katanec
Mother Pauline
Angela Miller
Philip Khalifeh
Robert McCauley

DVD REVIEW

For Greater Glory



A true story about Mexico in 1926 about the persecution of the Catholic Church when the government destroyed churches and murdered priests. Free men became outlaws as they risked everything for family faith in Mexico.



Liturgy for the Week

- 17/02 **Monday, Ordinary Time 6**
Gen 4:1-15, 25; Mk 8:11-13
- 18/02 **Tuesday, Ordinary Time 6**
Gen 6:5-8, 7:1-5, 10; Mk 8:14-21
- 19/02 **Wednesday, Ordinary Time 6**
Gen 8:6-13, 20-22; Mk 8:22-26
- 20/02 **Thursday, Ordinary Time 6**
Gen 9:1-13; Mk 8:27-33
- 21/02 **Friday, Ordinary Time 6**
Gen 11:1-9; Mk 8:34 - 9:1
- 22/02 **Saturday, The Chair of St Peter**
1 Pet 5:1-4; Mt 16:13-19

Scan to Give to our Parish of Pittwater

Cashless Fast Secure



Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



REGISTER NOW

OPEN DAY 2025

Tuesday 25 March
9am - 10.30am



Happy 93rd Birthday *Theresa*
 May the Lord bless you, keep you and bring you peace
 and happiness on your special day.



Parish Directory

Pittwater Parish

1 Keenan Street,
 Mona Vale
 NSW 2103
 Tel 9157 0999

Parish Priest
Fr Richard Sadowski SDS
 Tel 9157 0999 ext 10
 pp@pittwaterparish.org

Assistant Priest
Fr Zygmunt Smigowski SDS
 Tel 9157 0999 ext 12
 ap@pittwaterparish.org

Parish Secretary
Belinda Cimino
 Tel 9157 0999 ext 30
 office@pittwaterparish.org

Administrative Assistant
Sheree Knight
 Tel 9157 0999 ext 30
 office@pittwaterparish.org

Director of Music
Simon Morris
 Tel 9157 0999 ext 17
 music@pittwaterparish.org

Media & Communications
 Coordinator
Conille Felias
 Tel 9157 0999 ext 31
 media@pittwaterparish.org

Sacramental Coordinator
Sonia Samartin
 Tel 9157 0999 ext 13
 sacraments@pittwaterparish.org

CCD Catechist
 Coordinators
Maureen Wooldridge
 Mobile 0421 907 469
Veronica Thomas
 Mobile 0417 061 534

Sacred Heart Church
 1 Keenan Street, Mona Vale

Maria Regina Church
 7 Central Road, Avalon

SCHOOLS

Sacred Heart School
 Mona vale
 Tel 8197 6900
 Principal: Mr Jamie Wahab

Maria Regina School
 Avalon
 Tel 7256 2138
 Principal: Ms Kirsty Thorpe

Mater Maria Catholic College
 Warriewood
 Tel 7256 2100
 Principal: Mr Marc Reicher



HAPPY are the POOR....
god's kingdom belongs to YOU!

6th Sunday in Ordinary Time, Year C

Fill in the missing words for each of Jesus' teachings using the pictures as clues. Draw Jesus preaching.

God will bless you people who are _____ .
 His _____ will belong to you.



God will bless you _____ people.
 You will have _____ to eat.

God will bless you people who are
 _____. You will _____ !



Jesus told his disciples that even though people may be mean to you, as a follower of Christ you will have a great reward in heaven. What do you think your rewards in heaven will be?

Find the opposites of the following words, then use the circled letters to make a word we use that describes heaven.

__○__ ◀ HAPPY

WEAK ▶ ○__

○__ ◀ FULL

ASLEEP ▶ ○__

HEAVY ▶ ○__

LITTLE ▶ ○__

○__ ◀ OPEN

Heaven is God's _____ .

Dear Brothers and Sisters in Christ,

As members of the Catholic Parish of Pittwater, we are blessed to come together in faith to experience God's love in the celebration of the Mass, and through one another as a community of faith.

I am deeply grateful for your meaningful participation, contributions and support in the life of our Parish, especially our past parishioners gone before us who regularly contributed to our *Planned Giving program*.

This year, the Diocese of Broken Bay is calling out for a revival of this program. I invite you to prayerfully consider becoming an ongoing Planned Giver as part of our *First Fruits Offering*, taking place over the next two weeks.

Planned Giving is a prayerful commitment to dedicate a portion of your financial income to God and His Church in gratitude for His many blessings. It helps ensure the mission and ministries of our parish continue to thrive for both our present community and future generations. Furthermore, planned giving helps our mission to support the formation of young people, maintaining our Parish Centre & planning for future projects & programs. Your contribution makes all these things possible.

Your contributions remain within our local parish and support:

- * Liturgical Needs (vestments, bread, wine, altar linens)
- * Ongoing Ministries (youth, seniors, RCIA, spirituality groups)
- * Special Ministries (catechists, sacramental programs, aged care visits)
- * Equipment and Resources (computers, photocopiers)
- * Rising Utility Costs (insurance, repairs and staff wages)

To assist you in prayerfully reflecting on this important decision, we have prepared materials and resources that are available for you to take home. These include information about *First Fruits Offering* and pledge envelopes. We encourage you to take some time to review these resources. Pray and discern how you can support our parish.

Becoming a Planned Giver is a simple yet profound way to demonstrate your commitment to God's work. If you are not yet a Planned Giver, I encourage you to take this step. If you are already contributing on an ongoing basis to the Parish, thank you.

We also thank all those who have contributed to the *first collection* as well as the *Easter & Christmas offerings*, your generosity supports;

- * Priests' Monthly Stipends
- * Priests' Household Costs (e.g. food, utilities, cleaner, etc.)
- * Priests' Care Costs
- * 15% Contribution to the Diocese of Broken Bay
- * Salvatorian Mission and Formations within & outside Australia

For more information with Planned Giving, please contact the Parish Office. We are happy to help.

Thank you for your generous support. May God bless you abundantly as you continue to live out your faith and share His mission.

In Christ's Peace and Love,


Fr Richard Sadowski SDS
Parish Priest



FIRST FRUITS OFFERING

SERVE YOUR PARISH THROUGH PLANNED GIVING



Parish Bulletin – Term 1, Week 2

Last week, we warmly welcomed our Years 8 to 12 returning students as well as our new Year 7 students.

Our Year 7 students sampled high school for the first time and were supported by our Year 11 Peer Leaders. The support and encouragement of our community is extended to these new students as they make this important transition in their lives.

We also welcomed parents to our Parent Engagement Evening for students in Years 10 and 11. We focused on growth for all students and staff, how to engage with student learning, methods of communication, the importance of attendance and the ways that we are supporting student wellbeing through pastoral care. Helping each student flourish and grow in their relationship with Jesus Christ is our core business here at Mater Maria Catholic College.

On Friday, we held our Opening Mass at the College for students and teachers. Father Richard Sadowski of Sacred Heart Parish in Mona Vale led the celebration as we rejoiced the beginning of a new school year as a Eucharistic community. Each member of the College community was invited to be a custodian of the College value of “Hospitality” - our call to freely contribute to the life of this community. Our new College Captains welcomed our Year 7s to the College.

Soul Mass is a vibrant Mass at Sacred Heart Parish on the first Sunday of every month. Our Mater Maria senior students prepare and undertake all Ministries of the Mass from readings to vibrant music to collectors, through to offering an inspirational reflection at the end of Mass. Due to the popularity of Soul Mass, 131 Mater students along with their family members celebrated and shared a meal together last weekend.

Join us for our Open Day on Tuesday 5 March between 4.00pm - 7.00pm – all are welcome. We are now enrolling students in Year 5 for Year 7, 2027. There is a waitlist for those students that are currently in Year 6 for Year 7, 2025 and all Year Groups for 2024.

Please visit the College website www.matermaria.nsw.edu.au/enrolments for a prospectus, Enrolment Application form or for more information. Applications for Year 7, 2026 close on Friday 12 April 2024.



IS CONFIDENCE IN WHAT WE HOPE
FOR AND ASSURANCE ABOUT WHAT
WE DO NOT SEE.
HEBREWS 11:1



We invite you to meet our staff and students and experience an evening at Mater Maria Catholic College.

“At Mater Maria Catholic College, we focus on supporting the academic growth of all students and recognising the gifts of the individual in order for all to thrive in our Catholic faith community.” **Marc Reicher, Principal**

Waiting lists for all Year Groups, 2025

Waiting list for Year 7, 2026

Applications close on Friday, 11 April
for Year 7, 2027

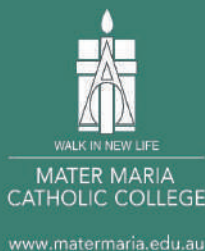
Currently accepting applications for 2028



**OPEN DAY
2025**

**Tuesday
4 March**

4PM - 7PM



Scan our QR code
to register



A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN WELCOME

**We Meet
First & Third Tuesday of every Month
At 7pm
Sacred Heart Parish Centre**

**We will also be beginning a series on
METANOIA**

A video series & discussion, inviting everyone to a deeper more profound conversion - a metanoia - that moves us from *something* to *someone*, as metanoia ultimately turns us to Jesus.

Bringing men together, to renew their faith in God & encourage them to be an active force of renewal in the Church

**For any questions contact
Joe Cilia – 0418 863 814**

The *Living* Word

Entrance Antiphon Psalm 30:3-4

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

First Reading Jeremiah 17:5-8
A reading from the prophet Jeremiah
A curse on those who trust in humanity; a blessing on those who trust in the Lord.

The Lord says this:
'A curse on the man who puts his trust in man, who relies on things of flesh, whose heart turns from the Lord. He is like dry scrub in the wastelands: if good comes, he has no eyes for it, he settles in the parched places of the wilderness, a salt land, uninhabited. 'A blessing on the man who puts his trust in the Lord, with the Lord for his hope. He is like a tree by the waterside that thrusts its roots to the stream: when the heat comes it feels no alarm, its foliage stays green; it has no worries in a year of drought, and never ceases to bear fruit.'

The word of the Lord

Responsorial Psalm
Ps 1:1-4. R. Ps 39:5

(R.) Happy are they who hope in the Lord.

Happy indeed is the man who follows not the counsel of the wicked; nor lingers in the way of sinners nor sits in the company of scorners, but whose delight is the law of the Lord and who ponders his law day and night. **(R.)**

He is like a tree that is planted beside the flowing waters, that yields its fruit in due season and whose leaves shall never fade; and all that he does shall prosper. **(R.)**

Not so are the wicked, not so! For they like winnowed chaff shall be driven away by the wind. For the Lord guards the way of the just but the way of the wicked leads to doom. **(R.)**

Second Reading
1 Corinthians 15:12, 16-20

A reading from the first letter of St Paul to the Corinthians
If Christ is not raised from the dead, your faith is in vain.

If Christ raised from the dead is what has been preached, how can some of you be saying that there is no resurrection of the dead? For if the dead are not raised, Christ has not been raised, and if Christ has not been raised, you are still in your sins. And what is more serious, all who have died in Christ have perished. If our hope in Christ has been for this life only, we are the most unfortunate of all people.

But Christ has in fact been raised from the dead, the first-fruits of all who have fallen asleep.

The word of the Lord.

Gospel Acclamation Luke 6:23

Alleluia, alleluia!
Rejoice and be glad; your reward is great in heaven.
Alleluia!

Gospel Luke 6:17. 20-26
A reading from the holy Gospel according to Luke
Happy are the poor. Woe to the rich!

Jesus came down with the Twelve and stopped at a piece of level ground where there was a large gathering of his disciples with a great crowd of people from all parts of Judaea and from Jerusalem and from the coastal region of Tyre and Sidon who had come to hear him and to be cured of their diseases. Then fixing his eyes on his disciples he said:

'How happy are you who are poor: yours is the kingdom of God.

Happy you who are hungry now: you shall be satisfied.

Happy you who weep now: you shall laugh.

'Happy are you when people hate you, drive you out, abuse you, denounce your name as criminal, on account of the Son of Man. Rejoice when that day comes and dance for joy, for then your reward will be great in heaven. This was the way their ancestors treated the prophets.

'But alas for you who are rich: you are having your consolation now.

Alas for you who have your fill now: you shall go hungry.

Alas for you who laugh now: you shall mourn and weep.

'Alas for you when the world speaks well of you! This was the way their ancestors treated the false prophets.'

The Gospel of the Lord

Communion Antiphon
Psalm 77:29-30

They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

REFLECTION
by Dianne Bergant CSA

Paul teaches us that, united to Christ through faith and in baptism, we are united in his death and resurrection. With Christ we die to sin; with him we rise to a new life. We cannot wait to see proof of our transformation before we change our actions. The proof is in the lives we live in faith. To deny that we have died and been raised is to deny the resurrection of Christ. Paul insists that they cannot be

separated. The challenge is to live in and out of this faith.

Both Jeremiah and Jesus introduce us to such a way of living. It is a way of paradox, a way that moves us beyond the self-centred standards of the world. The poor, the hungry, those who weep, and those who are persecuted are really the ones who are blessed. The victims of our social and economic systems, those who have been ravaged by war or have been made vulnerable by life itself are the ones who, if they place their trust in God, will be blessed in the end. They may appear to be the outcasts of this world, but, if they are filled with faith, they will inherit heaven. The wealth of this world and its pleasures are not the blessings that we might think they are. They can blind us to the real values of life and prevent us from dying to the world and living resurrected lives in Christ.

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IF YOU HAVE FAITH LIKE
A GRAIN OF MUSTARD
SEED, YOU WILL SAY TO
THIS MOUNTAIN, "MOVE
FROM HERE TO THERE,"
AND IT WILL MOVE, AND
NOTHING WILL BE
IMPOSSIBLE FOR YOU.

Matthew 17:20

**BIBLE
LYFE**

God is our refuge and strength,
a very present help in trouble.
Psalm 46:1

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"Because you have
little faith," he said.
'I assure you that if
you have faith the size
of a mustard seed,
you could say to this
mountain, 'Go from
here to there,' and it will
go. There will be nothing
that you can't do.'"

MATTHEW 17:20

woman's day